



Information for schools and pre-school settings including parents of students/children on COVID-19 (Coronavirus) v3. 27.02.2020



There is an ongoing outbreak of a COVID-19 (Coronavirus) that started in China. Infections have been reported in several other countries.

Details of affected areas where COVID-19 is circulating in the community [are available on HSE.ie](#). The HSE HPSC is monitoring the situation and updating its website www.hpsc.ie daily.

Coronaviruses

Coronaviruses are a large group of viruses that can cause illnesses. Some of these illnesses are very mild, like the common cold, while others are more severe, like SARS (Severe Acute Respiratory Syndrome).

COVID-19 (Coronavirus)

A “novel coronavirus” means a new type of coronavirus that has never been seen in humans before. The coronavirus recently identified in China is one of these. This infection caused by the new coronavirus has been named “COVID-19”.

Symptoms of COVID-19

It can take up to 14 days from exposure to the virus for the symptoms of COVID-19 to appear. These symptoms include:

- Fever
- Cough
- Shortness of breath

Treatment of COVID-19

There is no specific treatment for COVID-19 at present. But the symptoms of the virus can be treated.

How to protect yourself and your children/students from COVID-19

1. Wash hands often with soap and water. Or use an alcohol based hand rub. [Teach children how to wash their hands](#) often with soap and water or use an alcohol based hand rub.
2. If you are [coughing or sneezing, cover your mouth and nose with a tissue](#). Throw the used tissue away into a closed bin, and wash your hands. If you don't have a tissue, cough or sneeze into your flexed (bent) elbow. Have tissues available. Teach your children to do the same.
3. Avoid close contact with anyone who you know has cold or flu symptoms.

Check the [travel advisories from the Department of Foreign Affairs](#) prior to arranging travel abroad.

Advice for students/children

If the student/child;

- has **not** been to [an affected area where COVID-19 is circulating](#) in the last 14 days
AND
- has not been in contact with a person with COVID-19
AND
- has not attended a healthcare facility where patients with COVID-19 are being treated in another country

Then no specific measures are needed.

IF WITHIN THE LAST 14 DAYS;

- the student/child has been to an [affected area where COVID-19 is circulating](#)
- OR
- has been in contact with a person diagnosed with novel coronavirus
- OR
- has attended a healthcare facility in another country where patients with novel coronavirus are being treated

AND

- if child is unwell with fever, cough, shortness of breath follow this advice:

If CHILD OR STUDENT IS UNWELL (fever, cough, shortness of breath)

If your child/student develops symptoms of fever cough or shortness of breath your student/child should:

- Stay at home
- Not go out to public places
- Not go to crèche or school
- **Please phone the child's GP for medical advice, rather than turning up in person**

Make sure that, when you phone, you mention your student's/child's recent travel or exposure. These health services will arrange for them to get medical help

IF WITHIN THE LAST 14 DAYS;

- the student/child has been in an [affected area](#) where COVID-19 is circulating.
OR
- has been in contact with a person diagnosed with novel coronavirus
OR
- has attended a healthcare facility in another country where patients with novel coronavirus are being treated

AND

- if student/child is well without any symptoms of fever, cough, shortness of breath follow this advice:

If CHILD OR STUDENT IS WELL	
You (parent or guardian) are asked to visit the HSE website and phone the HSE helpline for further advice: Callsave 1850 24 1850 Phone 041 6850300	
<p>For children or students who have been in an affected area in the last 14 days and are well:</p> <ul style="list-style-type: none">- there is no need for quarantine (the child or student does not need to be kept separate from others)- The child or student can attend crèche or school as normal- Watch out for symptoms of fever, cough, shortness of breath for 14 days. If your child or student develops any of these symptoms you should phone their GP/Doctor for advice. Tell the healthcare provider what symptoms your child or student has where they have travelled.	<p>For children or students who have been in contact with a person diagnosed with coronavirus or attended a health care facility in another country where cases were treated:</p> <p>You should phone your local department of public health for advice</p> <ul style="list-style-type: none">- They should stay at home until parent/guardian has received advice.

Advice for staff, volunteers and workers in pre-schools and schools

Please see [Information on novel coronavirus COVID-19 for people who have come to Ireland from other countries](#) for further information.

If staff, volunteers or workers have been [in an affected area](#) in the last 14 days, they should visit the [HSE website](#) and make contact with the HSE helpline for further advice: Callsave 1850 24 1850, Phone 041 6850300

If they remain well, no specific measures are needed in the workplace.

They will be advised to watch out for any symptoms of COVID-19 for 14 days from their return. The symptoms include cough, temperature and breathing difficulties.

For people with no symptoms, there is no need for them to stay off work or isolate themselves. There are no restrictions regarding work or other social activities.

If they develop symptoms within 14 days of return (fever, cough, breathing difficulties), then they should isolate themselves (stay at home, away from other people) and contact their GP/Doctor straight away [by phone](#) for advice. They should inform their GP/Doctor of their recent travel history and of their symptoms.

Information posters on COVID-19 can be found [on Gov.ie](#)

Guidance for Ireland is based on guidance from the European Centre for Disease Prevention and Control (ECDC) and the World Health Organization, and has been developed by the National Public Health Outbreak Response Team.

An Expert Advisory Group, which includes experts in Public Health Medicine, Infectious Diseases, Infection Prevention and Control and Virology has been established which provides expert scientific advice relating to novel coronavirus, including the review of current guidance.



Information on COVID-19 (Coronavirus) for people who have come to Ireland from other countries including visitors, students and workers



V 3.0 27.02.2020

There is an ongoing outbreak of a novel Coronavirus which began in China. Infections have been reported in several other countries. Affected areas where COVID-19 is circulating in the community [are available on HSE.ie](https://www.hse.ie).

The HSE HPSC is monitoring the situation and updating its website www.hpsc.ie daily.

Coronaviruses

Coronaviruses are a large group of viruses that can cause illnesses. Some of these illnesses are very mild, like the common cold, while others are more severe, like SARS (Severe Acute Respiratory Syndrome).

COVID-19 (Coronavirus)

A “novel coronavirus” means a new type of coronavirus that has never been seen in humans before. The coronavirus recently identified in China is one of these. The infection caused by this new coronavirus is named COVID-19.

Symptoms of COVID-19

It can take up to 14 days from exposure to the virus for the symptoms of COVID-19 to appear. These symptoms include:

- Fever
- Cough
- Shortness of breath

Treatment of novel coronavirus COVID-19

There is no specific treatment for COVID-19 at present, but the symptoms of the virus can be treated.

How to protect yourself from novel coronavirus COVID-19

- [Wash your hands often with soap and water](#) or use an alcohol based hand rub
- [If you are coughing or sneezing, cover your mouth and nose with a tissue](#). Throw the used tissue away into a closed bin, and wash your hands. If you don't have a tissue, cough or sneeze into your flexed (bent) elbow.
- Avoid close contact with anyone who you know has cold or flu symptoms.
- Check the [travel advisories from the Department of Foreign Affairs](#) prior to arranging travel abroad.

Advice for visitors/students and workers returning to Ireland

If you;

- have not been in [an affected area where COVID-19 is circulating](#) in the last 14 days
AND
- have not been in contact with a person with novel coronavirus
AND
- have not attended a healthcare facility where patients with novel coronavirus are being treated in another country

Then no specific measures are needed.

IF WITHIN THE LAST 14 DAYS;

- you have been in [an affected area where COVID-19 is circulating](#)
OR
- have been in contact with a person diagnosed with novel coronavirus
OR
- have attended a healthcare facility in another country where patients with novel coronavirus are being treated
AND
- if you are unwell with symptoms of fever, cough, shortness of breath follow this advice:

If YOU ARE UNWELL (fever, cough, shortness of breath)

If you develop symptoms of fever, cough, or shortness of breath you should:

- Stay at home
- Not go out to public places
- Not go to college/university or work
- **Please phone your GP or student health service (for students) or emergency department for medical advice, rather than turning up in person**
- Make sure that, when you phone, you mention that you have recently travelled or had exposure. These health services will arrange for you to get medical help

IF WITHIN THE LAST 14 DAYS;

- you have been an affected area where COVID-19 is circulating
- OR
- have been in contact with a person diagnosed with novel coronavirus
- OR
- have attended a healthcare facility in another country where patients with novel coronavirus are being treated

AND

if you are well without any symptoms of fever, cough, shortness of breath follow this advice:

If YOU ARE WELL (no fever, cough or shortness of breath)	
You are asked to visit the HSE website and phone the HSE helpline: Callsave 1850 24 1850, Phone 041 6850300 for advice	
<p>For people who have been in an affected area where COVID-19 is circulating in the last 14 days and are well:</p> <ul style="list-style-type: none">- there is no need for quarantine (you do not need to be kept separate from others)- You can attend college/university or work¹ as normal <p>Watch out for symptoms of respiratory illness for 14 days. If you develop any symptoms you should <u>phone</u> your GP/student health service for advice. Tell the doctor what symptoms you have and where you have travelled</p>	<p>For people who have been in contact with a person diagnosed with novel Coronavirus, or attended a health care facility in another country where cases were treated:</p> <ul style="list-style-type: none">- Stay at home and contact your local Public Health Department for further advice

INFORMATION POSTERS FOR HIGHER EDUCATION SETTINGS ARE AVAILABLE ON [GOV.IE](#)

¹ Healthcare workers are advised to contact their local [Department of Public Health](#) and their occupational health department for further advice

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An Expert Advisory Group, which includes experts in Public Health Medicine, Infectious Diseases, Infection Prevention and Control and Virology has been established which provides expert scientific advice relating to novel coronavirus, including the review of current guidance.

Coronavirus COVID-19



Coronavirus
COVID-19
Public Health
Advice

Advice For Schools

Who is at Risk?

- Anyone who has been to an affected region in the last 14 days **AND** is experiencing symptoms
- Anyone who has been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days **AND** is experiencing symptoms

How to Prevent



Wash

your hands well and often to avoid contamination



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid

touching eyes, nose, or mouth with unwashed hands



Clean

and disinfect frequently touched objects and surfaces

The Symptoms

> A Cough > Shortness of Breath > Breathing Difficulties > Fever (High Temperature)

Affected Regions

Check the list of affected regions on www.hse.ie

What to do if you are at risk

I've been to an affected region in the last 14 days and

I HAVE symptoms

1. Stay away from other people
2. Phone your GP without delay
3. If you do not have a GP
Phone 112 or 999

I DO NOT HAVE symptoms

For advice visit www.hse.ie

I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and

I HAVE symptoms

1. Stay away from other people
2. Phone your GP without delay
3. If you do not have a GP
Phone 112 or 999

I DO NOT HAVE symptoms

For advice visit www.hse.ie

For Daily Updates Visit

www.gov.ie/health-covid-19
www.hse.ie

Ireland is operating a containment strategy in line with WHO and ECDC advice



Rialtas na hÉireann
Government of Ireland

COVER YOUR COUGH AND SNEEZE



Stop the spread of germs that make people sick



When you cough or sneeze
cover your nose and mouth
with a tissue



Cough or sneeze into your
elbow, not your hands.



Throw away your tissue!

Clean your hands after
coughing or sneezing.

Thanks!



Building a
Better Health
Service

Seirbhís Sláinte
Níos Fearr
á Forbairt



COVER YOUR COUGH AND SNEEZE

STOP THE SPREAD OF GERMS THAT MAKE PEOPLE SICK



When you cough or sneeze cover your nose and mouth with a tissue

OR Cough or sneeze into your elbow, not your hands.

Throw away your tissue!



Clean your hands after coughing or sneezing.

THANKS!



