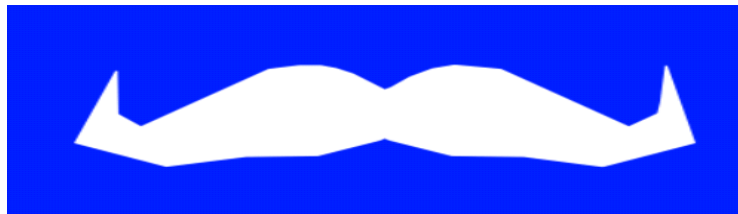




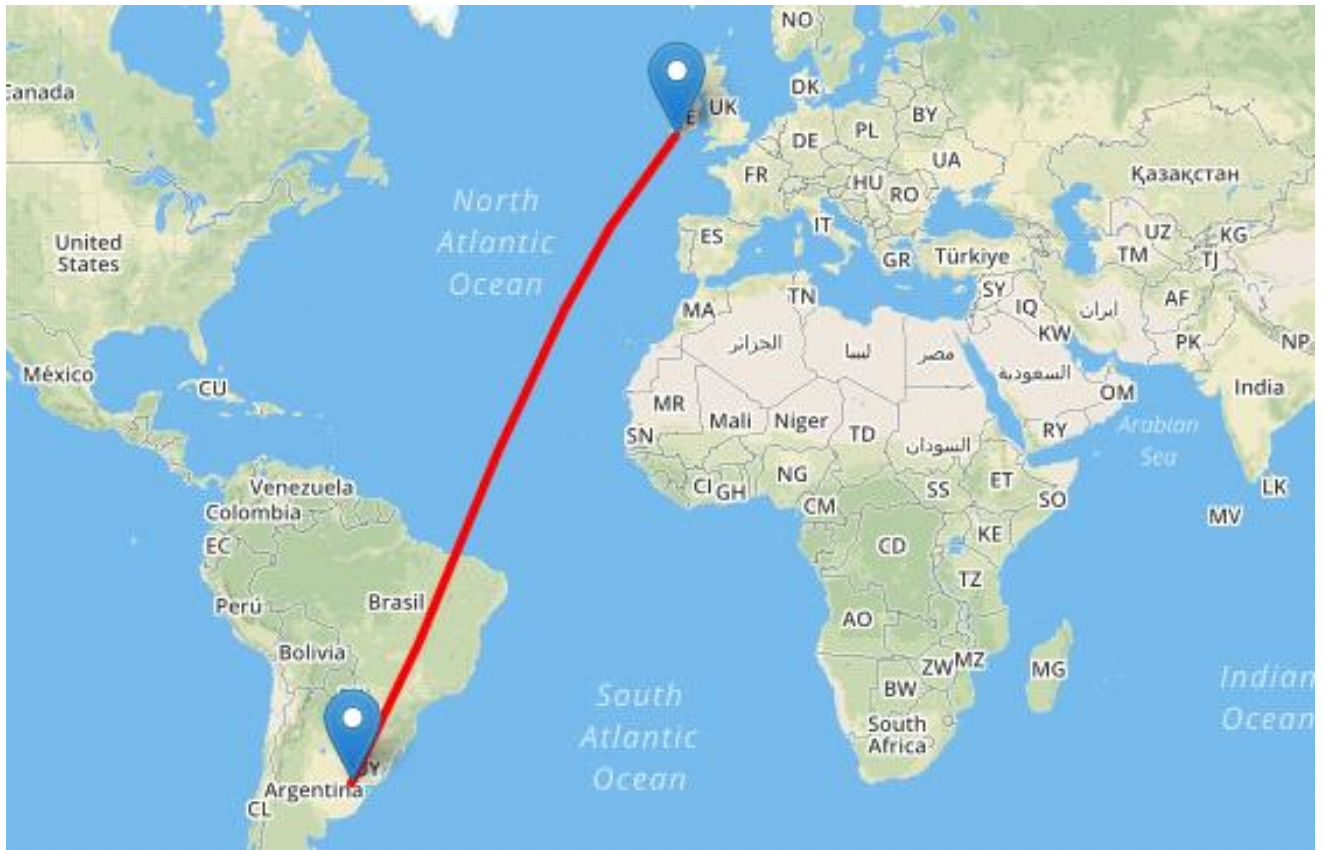
MOVE FOR MOVEMBER



THIS IS AN OPPORTUNITY TO RAISE AWARENESS FOR ALL THE DADS, BROTHERS, SONS AND MATES IN OUR LIVES AND ENCOURAGE MEN TO BECOME MORE AWARE OF THEIR MENTAL HEALTH.

WE ARE LOOKING FOR STUDENTS AND STAFF TO DOWNLOAD THE MOVEMBER APP ON THEIR PHONES AND TRACK THEIR DAILY KMs.

RUN OR WALK 60KM OVER THE MONTH. THAT'S 60KM FOR THE 60 MEN WE LOSE TO SUICIDE EACH HOUR, EVERY HOUR ACROSS THE WORLD.



From to

Measure in : KM

Distance as the Crow Flies :

**So please join our team and get moving for
Movember!!**